



SAILING INSTRUCTIONS

2019 Interlake Nationals Sailing Regatta

Indianapolis Sailing Club

1. **Rules:** This regatta is governed by the “rules” as defined in the current version of the *Racing Rules of Sailing* (RRS), the Bylaws of the Interlake Sailing Class Association, ISCA, and by these Sailing Instructions.
2. **Notices:** Notices to competitors will be posted on a bulletin board in the ISC Clubhouse near the front door.
3. **Changes to the Sailing Instructions:** Any change to these Sailing Instructions will be posted 30 minutes prior to the Harbor Signal on the day they will take effect and signaled by the display of Code Flag L from the Race Committee, (RC), Boat, Any change in the schedule of races for day will be posted by 2000 hours on the previous day.
4. **Signals Made Ashore:** Signals made ashore will be displayed from the RC, Boat. If Signal Flag AP, with 2 sounds, is displayed from the RC Boat at harbor, the start of the next race is postponed. The lowering of the AP Signal Flag, with 1 sound, ends the postponement. The next race Warning Signal will be made no sooner than 30 minutes later.
5. **Schedule of Races:**

DAY	Event	Time
Tuesday, July 23	Registration and Measurement – Skippers’ packets available	1700 – 2100 hours
Wednesday., July 24	Registration and Measurement – Skippers’ packets available	0900 – 1600 hours
	Women and Juniors Competitor Meetings	1100 hours
	First Warning Signal – Additional races may follow	1330 hours
	Nationals and Masters Competitor Meeting	1900 hours
Thursday, July 25	First Warning Signal Nationals and Masters – Additional races may follow	1000 hours
Friday, July 26	First Warning Signal Nationals and Masters – Additional races may follow	1000 hours
Saturday, July 27	First Warning Signal Nationals and Masters – Additional races may follow	1000 hours
	No warning signal to be made after 1400 hours	

- 5.1. The Harbor Signal, 1 sound signal, is made as the RC Boat leaves the harbor. The Warning Signal for the next race will be approximately 30 minutes later.
- 5.2. Code Flag L will signal that the RC Boat is on location to start a race. It will be lowered with 4 sounds, 1 minute before the Warning Signal.

- 5.3. On the last day of the regatta, no Warning Signal will be after 1400 local time.
- 5.4. Code Flag A when flown from the RC Boat will indicate no more racing that day.
6. Warning Signal Flag: The Interlake Class Flag is the Warning Signal Flag. A white flag with a black ISCA symbol will be used for the Champion's Fleet. A blue flag with a white insignia will be used for the Challenger Fleet
7. Racing Area: The racing area is Geist Reservoir between ISC and the dam, on the west side of the islands. The series of buoys along the islands are a continuing obstruction, see RRS Rule 19, and must all be passed on the lake side. Sailing on the island side of these marks, between the marks, is at the discretion of the competitor.
8. Course:
 - 8.1. The course for each race will be posted on the sides of the RC Boat at or prior to the Warning Signal for that race.
 - 8.2. Course Symbols to be used will be: W/L/W shall mean that a windward-leeward-windward course will be sailed with the first and last legs upwind. A triangle shape shall mean that a triangular course will be sailed, with the first and last legs upwind. All finishes shall be at the RC Boat. If the course symbol is displayed on a red background, all marks will be rounded on the port side; if displayed on a green background, all marks will be rounded on the starboard side. If course symbols are displayed by themselves, the course shall be sailed once around. A black number on a white background following a course symbol indicates the number of laps to be sailed. If both course shapes are displayed, the course shall be sailed in the order as posted. For example, if a triangle is followed by a W/L/W, the course shall be a triangle followed by a windward-leeward, then sailing windward to and finishing at the RC Boat.
9. Marks:
 - 9.1. Rounding and Gate Marks will be orange tetrahedrons.
 - 9.2. The Starting and Finishing Marks will be a yellow ball.
 - 9.3. New marks as described in SI 11 shall be red inflatable marks.
10. The Start:
 - 10.1. Races will be started by using RRS Rule 26, with the Warning Signal 5 minutes before the Starting Signal.
 - 10.2. The Starting Line is between the mast on the RC Boat displaying the RC flag and the port end Starting Mark.
 - 10.3. Competitors not reporting to the RC will be scored "Did Not Compete" (DNC).
 - 10.4. To report a boat must sail within hailing distance of the RC, call out their sail number as reporting and receive a responding hail of acknowledgement from the RC.
11. Change in Course:
 - 11.1. Change Next Leg: To change the next leg of the course, as allowed by RRS 33, the race committee shall lay a new mark, move the finishing line or move the gate and remove the old mark as soon as practicable. Mark 1a (offset) is optional when the weather mark is changed. When a subsequent change of the new mark is required it shall be replaced by an original mark.
 - 11.2. Shorten Course: If the RC signals a shortened course at a turning mark, or gate, (displays Code Flag S with repetitive sounds), as the leading boat passes the mark or passes through a gate, that then begins the new last leg of the course that ends at the Finish Line at the RC Boat. This changes RRS Rule 32.2
12. The Finish: The Finish Line is between the mast on the RC Boat displaying the RC Flag, and the Finishing Mark
13. Time Limits:
 - 13.1. In accordance with RRS 35 the time limit for each race shall be 90 minutes.
 - 13.2. If no boat has passed Mark 1 within 30 minutes the race shall be abandoned.
 - 13.3. Boats failing to finish within thirty (30) minutes after the first boat sails the course and finishes shall be scored Time Limit Expired without a hearing. This changes RRS 35, A4.1, A5 and A11.
14. Protests:
 - 14.1. Competitors intending to protest about an incident that occurred in the racing area shall notify the RC, after finishing and while still in the immediate area of the RC Boat, of their intent to protest including the sail number of the boat(s) being protested. This adds to RRS Rule 61.1(a).
 - 14.2. One sound signal will be made as the RC Boat docks, and another sound signal 30 minutes later indicating the beginning and end of the Protest Period. The Principle Race Officer, or representative, will remain at the RC Boat during the Protest Period. Protests must be completed and given to the PRO, or representative, at the RC Boat within the Protest Period unless this time is extended by request to the RC within the Protest Period. Protest forms are available on the bulletin board near the front door inside the ISC Club House.

14.3. Protest Committee findings and rulings will be posted on the same bulletin board.

15. Scoring: The Low Point system of RRS Appendix A will apply.

16. Accountability for Safety:

16.1. All competitors are asked to sail past the stern of the RC at the beginning of each day and hail their sail number, and acknowledge that the RC has returned the hail.

16.2. A competitor that retires from the race course before the end of the day is asked to notify the RC, or a support boat, as soon as possible.

17. Crew: The crew for any race must be named on the registration form.

18. Decision to Race: Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after this regatta

19. Radio Communication

19.1. All radio communication between the RC and the competitors shall be on VHF channel 72. VHF radios are allowed by the class for this event and are encouraged. Class rules regarding other electric/electronic devices shall remain in place.

19.2. Various race information, including notification of OCS boost after the start, may be provided by the RC as a courtesy to the competitors. This does not in any way alter the competitor's responsibility to observe the RC's signals which shall govern their conduct of racing.

19.3. Except in an emergency, a boat shall neither make or receive radio communications that are not available to all boats

6/19/19